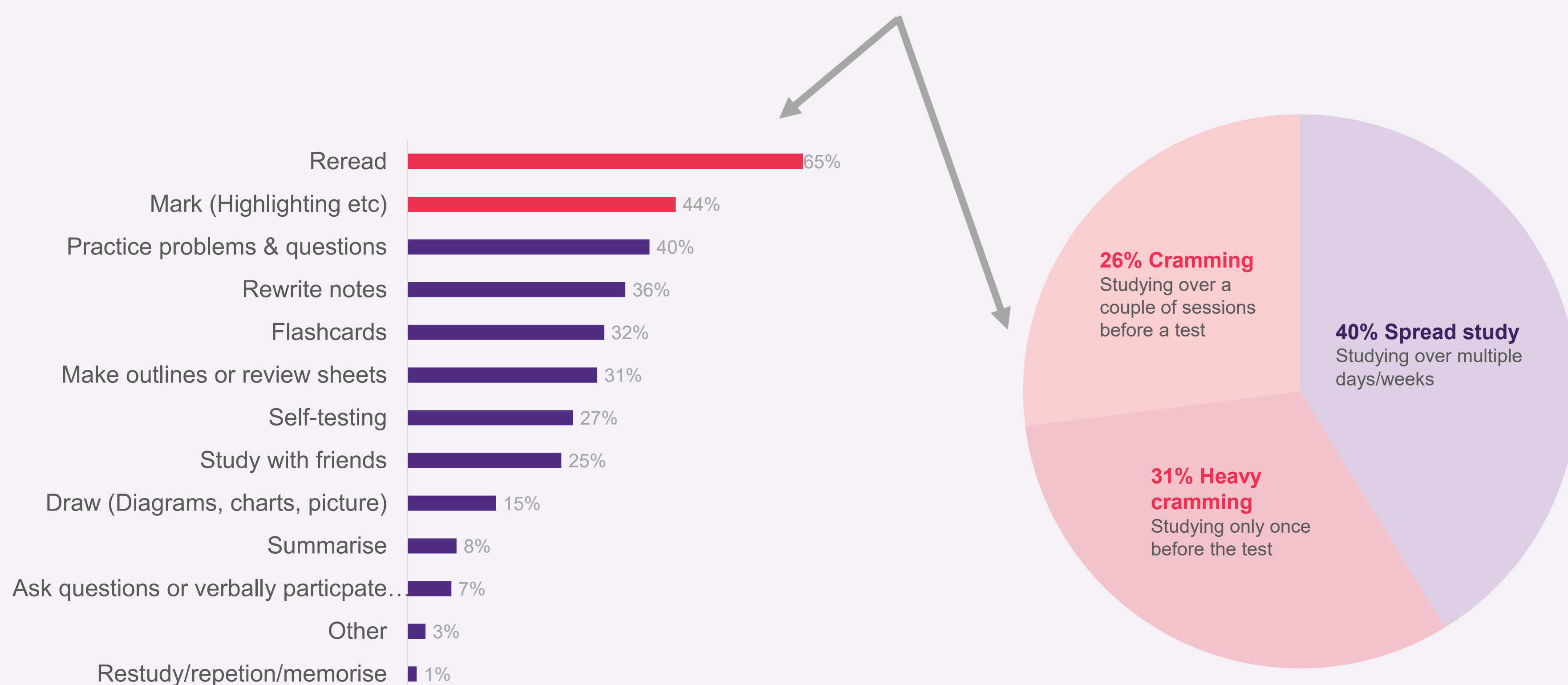


# Understanding and supporting university students' use of study strategies

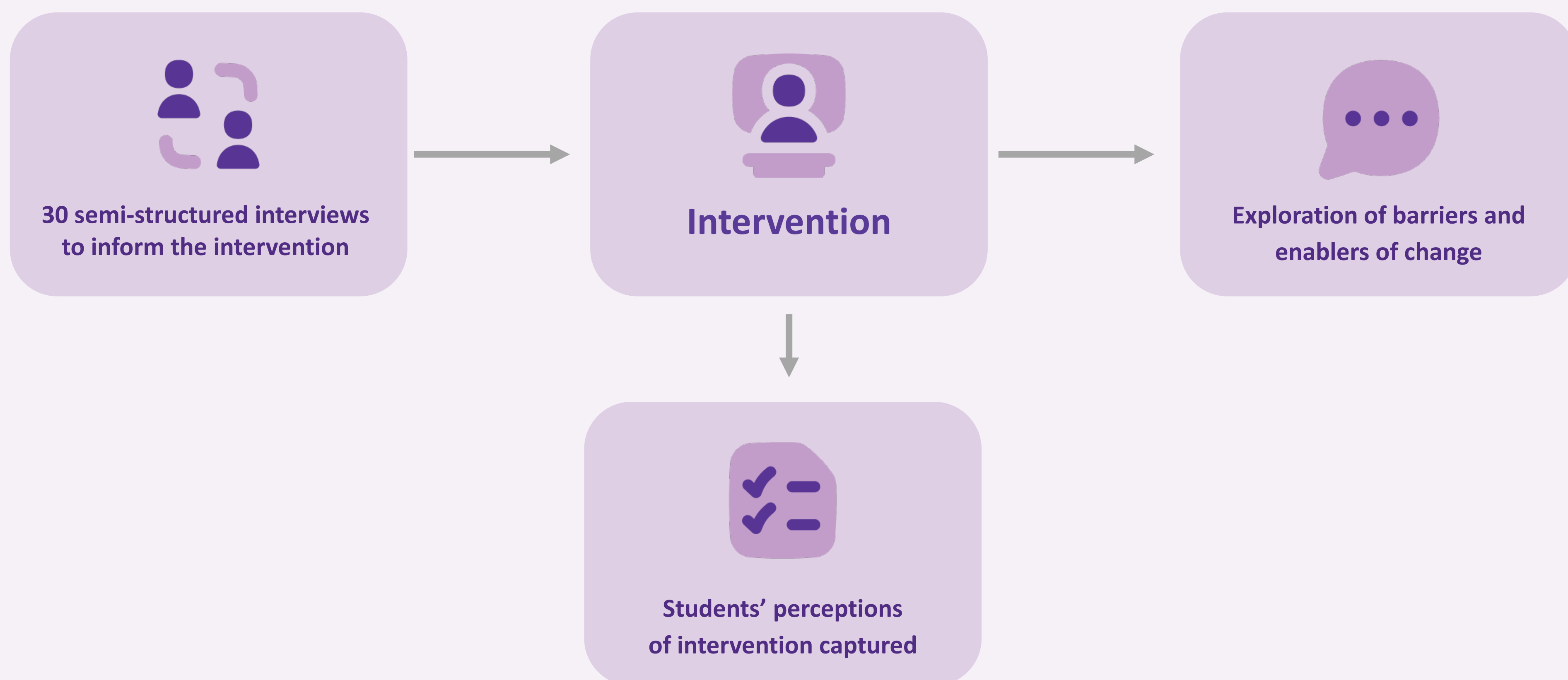
## University students overuse **ineffective** study strategies



Study strategies university students report regularly using (12 studies, N = 4657)

Study scheduling university students report (7 studies, N = 2735)

## Our mixed methods intervention, aimed at understanding and supporting strategy use



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